



OMEIO REGION NEWS SHEET



Wednesday 10th April

AN OMEOSHIRE LIONS CLUB PROJECT

20 Cents

SERVING ENSAY, SWIFTS CREEK, OMEIO. BENAMBRA, DINNER PLAIN.

NEWSHEET ENQUIRIES:

Email: newsheet@omeio.org.au

Phone: 5159 1515

Post: P.O. Box 182 Omeio 3898

Medical Services-Omeio Region

For URGENT Medical Care call 000

Omeio Medical Centre

Please Phone: 515490140

To arrange an appointment

Monday to Friday 8.00am—5.00pm

Pathology: Collection Monday to

Friday 8.00 am—9.00am

by appointment only

OMEIO COMMUNITY HUB

LUCKY NUMBERS

28. Frank Makrai ..

31. Julie Oswald

SNAPDRAGONS JOKE

A man was away from home negotiating a sale. The CEO of the other company invited him to play a few games at the local tennis club.

Having finished playing he took a wrong turn into the women's changing room. He only realised his error when a group of women came in while he was in the shower. The only way out was past the women. Looking round he only had a small towel that was barely adequate to protect

his dignity. But one of the women might be friends with his host. Choosing instead to hide his identity, he wrapped the towel around his head and made a run for the men's changing room. The first woman said, "he's not my husband." The second said, "no, he's not."

The third said, "he isn't even a member of the club."

WEATHER FORCAST

WET !!

HANG ON SUNNY !!

OOPS ... WET AGAIN !!

District Diary

Wednesday 10th

Omeio to Bright Bus... departs Omeio 8.30am return 3.20pm

Lego Club Omeio Library.....3.30pm-4.30pm

Swifts Creek & Ensay Playgroup.....10.30-12.00pm

Thursday 11th

Omeio Opportunity Shop Open.....11.00am-3.00pm

Friday 12th

Omeio to Bright Bus... departs Omeio 8.30am return 3.20pm

Omeio Brew House Reopen

Saturday 13th

AA. meeting 1st Saturday of month, CFA rooms2.00pm

Omeio Opportunity Shop Open.....1.00am-3.00pm

Sunday 14th

Anglican Church Omeio... Parish Service11.00 am

Catholic Prayer Meeting Omeio.....9.00am

Monday 15th

Omeio to Bright Bus departs... Omeio 8.30am return 3.20pm

The High Country Singers Omeio Shire Offices.....2-3.30 pm

Tuesday 16th

Listen with Lorna live radio O.S.C.A.R. fm10.00 -12.00

N.B

After the game, the king and the pawn go into the same box.

Amicus

Omeio Medical Centre

Dr. Charles Luiz



*Please note some days are
via telehealth*

Phone: 5159 0140



Darren Chester
Federal Member for Gippsland

Shopping Locally

Creates Local Jobs
#lovegippsland



1300 131 785 **www.darrenchester.com**



UNITING CHURCH
AUSTRALIA SWIFTS CREEK

Swifts Creek Uniting Church invites you to an Easter Journey Service

Thursday 28th March @ 5.15pm in the Swifts Creek Uniting Church.

We are having a meal afterwards. Please Let Rev Marian know for catering.

Enquiries to Rev Marian Bisset 0421 067 212



R.E.C. 17886

MITCHELL
Electrical Services

INDUSTRIAL → DOMESTIC
ELECTRICAL MOTOR REPAIRS

CONTACT: TOM MITCHELL
5157 3200 → 0428 573 205
"From The Lakes To The Alps"



The High Country Singers Choir

Has commenced practising for 2024. Practices are currently being held at the Omeo Shire Offices 2-3.30 pm Mondays. All welcome.

The third Monday of each month we sing with the residents of the Omeo Hospital in their lounge 11-12 Midday

Contact Rosemary Fitzgerald
0400 630 612

Skicom Mt Hotham
CARPET/UPHOLSTERY/MATTRESS CLEANING SERVICE

Scott DeVries
0429 723 274
scottdevries2@icloud.com



STUBBORN DIRT, GRIT, STAINS, PET ODOUR, ALLERGENS... BE GONE!




HINNOMUNJIE PICNIC RACES
Labour Day Weekend - Saturday, March 10, 2012

Omeo & District Race Club AGM.
7pm on Friday the **26th April** at The Benambra Hotel.

All executive positions declared open.

Everyone Welcome. Come along and support one of your oldest local sporting clubs.

Any enquiries can be emailed to hinnoraces@gmail.com.



Cassilis Recreation Reserve Committee of Management Inc.

President: Howard Reddish howard@skymesh.com.au

Notice is given of a **PUBLIC MEETING** to be held at the Swifts Creek Community Centre on **Tuesday, the 23rd of April**, commencing at 7.00 pm. The purpose of the meeting is to nominate no less than three (3) or more than nine (9) persons as the Committee of Management for the Cassilis Recreation Reserve for a term of three years. The current committee's term will expire on **the 30th of April, 2024**. All positions will be declared open and nominations will be accepted prior to or on the night. Nominations from women, Aboriginal people, people with disabilities, young people and people from culturally diverse backgrounds are encouraged. Further information, nomination forms and nominee declaration forms may be obtained by contacting your local Department of Energy, Environment and Climate Action office or at the meeting. For further enquiries please contact the Secretary, Debra Herbertson on **0425850148** or by email: debraherbertson@gmail.com.

Omeo Pharmacy

“SPEAK TO YOUR
LOCAL PHARMACIST”

186 Day Avenue. Omeo. 3898
PH: 03 51591663 FAX: 03 5159 1686
AFTER HOURS: 0474 017 705

EMAIL: omeopharmacy@gmail.com
DELIVERY AVAILABLE

SWITCH RECYCLING BOUTIQUE

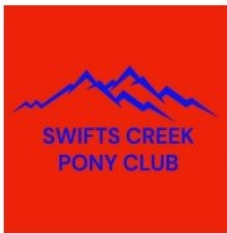


157 Day Avenue Omeo

Next to the Post Office

Open 7 days 9.00am to 5.00pm

IN STOCK, HUGE RANGE OF NEW
TRENDY DRESSES AVAILABLE ...
GET IN EARLY-ALSO IN STOCK JUMPERS/
JACKETS/ JEANS/ TOPS/ SKIRTS/ MENS
SHIRTS/ JUMPERS/ / SHOES/ BOOTS/
HATS & JEWELLERY..
COME IN FOR A BROWSE..



FREE
COME & TRY DAY
PONY
CLUB
KIDS 3-18

WITH PARENT(S), GUARDIAN(S) & SIBLINGS



GEEJAY
PONY PARK

250 DEPTFORD RD
GRANITE ROCK 3875

SUNDAY

19TH MAY 2024
10AM - 3PM

PONIES, HELMETS, GEAR, INSTRUCTORS &
LUNCH PROVIDED!

PLACES ARE LIMITED
BOOKINGS ESSENTIAL

PLEASE WEAR FLAT SOLED RIDING SHOES

PH: SANDRA 0400 914 780

SWIFTS CREEK PONY CLUB 3596@GMAIL.COM



We will be closed for renovations
From the **5th** to the **11th** of April..

The Brew House will reopen on
the 12th of April 2024 ..

Sorry for any inconvenience ..

Phone 5159 1276

Email natalie@newrush.au

SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet Phone : 5159 1515

All articles for the newssheet to be in by

12.00 noon on the Monday before publication.

Prices for Newssheet Ads are as follows

Full Page A4 \$40.00 1/2 Page.\$20.00

1/4 Page.\$10.00 1/8 Page.\$ 5.00

Please state what size you require &
How Long you would like it advertised for.

Thank You



FOR SALE

Sapphire Swim Spa

3.9m Long

2.3m Wide

1.3m Deep

\$15,000

Contact Deb Swift: **0439023464**

Glenn Swift: **0409035755**



OMEo • BAIRNSDALE • MALLACOOTA • MELBOURNE

**Daily Services between
Melbourne - Bairnsdale - Omeo**
Bairnsdale Depot - Grinters Transport,
16 Lawless Street, Bairnsdale, 3875

Melbourne Depot - Vic Freight Specialists, 13B,
13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering &
Equipment Hire, 87 Bilton Street, Omeo, 3898

Phone: (03) 5152 5778 Fax: (03) 5152 3329
Mobile: 0418 516 857

Email: admin@grinters.com.au
Pallets . Parcels .

- ◆ Livestock . Hay .
- ◆ Machinery . Bulk
- ◆ General . Wool
- ◆ Refrigerated Freight . Farm Equipment



Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875
Phone : Maureen 0402 001 593
Jens 0402 006 268

Many fabrics to choose from for all your
furnishing needs Over thirty years in
Business and 76 years' experience in the
industry, between us we can help you.

- Including car and motorbike seats
- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- Groceries
- Meat
- Fruit & Veg
- Gas Bottles
- Bottle Shop
- Post Office
- Fuel ULP & DSL + Winter Mix
- Breakfast & Lunch Daily until 2pm
- Fish & Chips - Friday Nights 4pm-7pm
- Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit & Vegetables

Drop in and meet our awesome team to grab a
bite to eat or stock up on supplies for your
adventure around Sunny Benambra

TRADING HOURS

Weekdays 8am - 5:30pm

Weekends 9am - 5pm

Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing,
Mains and solar operated

TV Installation and servicing of both
Satellite & "Terry"

Generator - Sales/Hire/Installation/
Mains to Generator
changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations
Industrial to domestic..

Competitive rates
and servicing the Omeo region

Contact Jeremiah on 0418 909 978



April LEGO Club Sessions



April LEGO Club Sessions

Junior LEGO enthusiasts are invited to attend our school holiday LEGO Club session in the new year! This session will incorporate freestyle creativity – make whatever you'd like!

Come along and unleash your imagination! The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Omeo Service Centre

17, 24 and 30 April

3.30 pm – 4.30 pm

Phone 5154225

**or book in person at the library
for this FREE event**



CONGRATULATIONS

The Winners Are:

**1st Prize Mountain Cattleman's Get Together Omeo
Joann Cameron**

**2nd Prize 4 Metres Firewood
Maryanne Sheean**

**3rd Prize Junction Hotel Voucher
Nola Boucher**

**4th Prize Brownigg Voucher
Jack Nichols**

Thank you for supporting the Swifts Creek Pony Club's Fundraiser Raffle.



Handyperson – Casual

The role will include working within the maintenance team to maintain the facility & surrounds for all areas of Omeo District Health. This will include plant and machinery, furniture and fittings, buildings, medical and biomedical equipment, food and domestic services equipment, fire safety, fleet vehicles and grounds.

Why Join our team

Omeo District Health provides attractive conditions including generous Salary Packaging. The maintenance team play a vital role within Omeo District Health in assisting with the provision of quality health services to the local community.

Omeo District Health (ODH) is a publicly funded, Small Rural Health Service located in East Gippsland's High Country. This spectacular Alpine region of Victoria, is a lifestyle destination with Dinner Plain, Mt Hotham and Falls Creek alpine snow resorts a short drive away. A great place to enjoy many outdoor pursuits.

Should you wish to discuss the role further please contact:

Cindy Gardiner, Support Services Manager on 5159 0100 or via email:
cindy.gardiner@omeoohs.com.au

To apply, please submit a cover letter and resume to
recruitment@omeoohs.com.au

Applications close 5pm on the 3rd May 2024

Omeo District Health is a merit-based equal opportunity employer and encourages applications from people of all cultural backgrounds, including diversity (LGBTIQ) and people with a disability.



Potable Water Cartage
**Transport of general freight, Agricultural goods,
Motorbikes, Quad bikes, Mowers
Small tractors, SXS's, Machinery parts,
Bagged grain and much more.**

Reasonable rates

Truck equipped with 1,000 KG. tailgate loader
Full tarpaulin if required,
ability to load and unload goods
with 1.6 tonne all terrain pallet jack.
Truck capabilities: 6.tonne, 4x4
Tray size: 5.5 mtrs x 2.4 mtrs.
Flat top trailer 6.3 mtr x 2.5 mtr

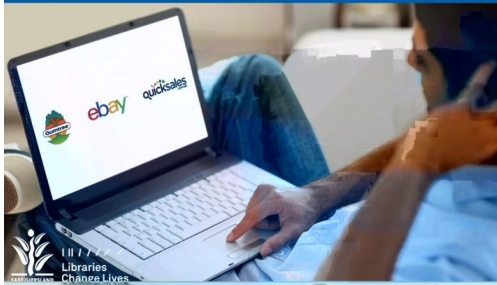
**Transporting weekly to Omeo and district from
Albury/Wodonga Corryong
Orders phoned or emailed by Tuesday 11.00 am
For delivery on Wednesdays**

**Contact Mark for delivery charges on
0428 264 480**

Mark @tectronix.com.au



Tech Help Sessions By Appointment



Bring along your own device for 30 minutes of one-on-one assistance.

Support is limited to the use of devices, applications and browsers but does not cover problems relating to security, repairs, or purchase recommendations.

For privacy reasons we cannot assist with online banking related issues.

**Thursday 29 April 9.30am -12.00pm
Omeo Service Centre
Phone 5154225**

**or book in person at the library
for this FREE event**



Tech Savvy Workshop Intro to The Cloud



Learn more about cloud-based services!

This two and a half -hour session will delve into the use of cloud based services. We'll teach you what the cloud is, the different kinds of cloud services available, and how to back up your photos and documents to the cloud for safe keeping and explore other features the cloud has available to you.

**Monday 22 April 9.30 am– 12.00pm
Omeo Service Centre
Phone 5154225**

**or book in person at the library
for this FREE event**



OMEO HISTORICAL SOCIETY Inc

Swifts Creek Tennis Court

COMMUNITY TRAINING 2024 FREE ONSITE TRAINING FOR THE OMEO REGION



Finding it hard to find volunteers?
Are you wanting an effective succession plan that works?

RECRUITING AND RETAINING VOLUNTEERS SETTING UP A SUCCESSION PLAN

From the Secretary to the fundraiser, to the Treasurer and the project manager – this session will tease out what your group needs from your volunteer workforce, by breaking down your specific requirements and creating a volunteering plan to match. It will focus on who is needed, what skills are required, and how to find the right volunteers, ensuring their contributions make a meaningful impact!

FREE | BOOKINGS ESSENTIAL | LIGHT REFRESHMENTS PROVIDED

BOOK NOW TO ATTEND

Date: Monday, 22 April 2024

Time: 5:00pm - 7:30pm

Location: Swifts Creek Community Centre

Or email Helena at ORCRA on: admin@orcra.org.au



https://Omeo_Region.eventbrite.com.au

FOR MORE INFORMATION Phone: 1300 144 113
Contact Non Profit Training on: Email: info@nonprofittraining.com.au



Cook/Chef

Full time, fixed term (minimum 2 years)

We are looking for a qualified and experienced cook/chef who is passionate about preparing a range of nutritious and high quality meals to a range of clients.

Omeo District Health, is a Small Rural Health Service located in East Gippsland's high country providing acute, primary care, residential aged care, and various community and home-based care services.

The catering team delivers meals to residents, patients, staff and the community.

Base annual salary is approximately \$70,000. In addition, there are shift allowances, salary packaging and other benefits.

Should you wish to discuss this further please contact:

Cindy Gardiner, Manager Support Services Phone 03 5159 0100 or email

Cindy.Gardiner@omeohs.com.au For a full position description please visit our website at www.odh.net.au/careers or to apply, please submit a cover letter & resume to recruitment@omeohs.com.au

Omeo District Health is a merit-based equal opportunity employer and encourages applications from people of all cultural backgrounds, diversity (LGBTIQ) and with a disability.

Application close midnight Sunday 20 April 2024

Omeo District Health
12 Easton Street PO Box 42
Omeo Victoria. 0351590100
Recruitment@odh.net.au www.odh.net.au



Changes to skin services at Omeo District Health

After 12 years of dedicated service, Dr Jenny Schleger will no longer be providing skin services within our community. The Board of Directors and staff of Omeo District Health sincerely thank Dr Schleger for her care and commitment.

General Practitioner, Dr Charles Luiz will continue to provide skin lesion removal and follow up care at the Omeo Community Health Centre. Dr Luiz is a highly experienced GP and former trauma surgeon. He provides a full range of care to members of our community with appointments available 5 days per week.

Please call **5159 0140** to book an appointment.

Australia has one of the highest rates of skin cancer in the world. When detected early, skin cancer is highly treatable, which is why regular skin checks are so important.

Please ensure you make a skin check part of your ongoing care and as a vital part of maintaining overall health and wellbeing. The Cancer Council's website includes some helpful information on getting to know your skin, visit cancer.org.au/cancer-information/causes-and-prevention/sun-safety

**Should you have any questions, please call 5159 0113
or send an email to pru.hart@omeohealth.com.au**

Ensay Bush Nursing Centre

T. 03 51502416 F. 03 51502419

email: ensaybnc@gha.net.au



Open 9am until 3pm Monday to Friday

or 8.30am-9am and 3-3.30pm **emergencies only**

5 Great Alpine Road
Ensay, VIC., 3895

Nursing services: No cost No appointment required.

Pathology Monday to Friday 9 am until 10.30 am- No cost. No appointment required

Footcare: Approximately 6 weekly, \$15.00 cost ring for an appointment

Walk and morning tea: 1st Friday of each month may include some craft activities, no cost only delicious homemade cakes etc.

RFDS mental wellbeing: Fortnightly face to face and telehealth model.

Memberships: \$50.00 family and \$25.00 single due 31st of July each year, pro-rata payments accepted for new members.

AGM: Occurs on the second Monday of October all welcome, new members to the COM welcome.

Follow us on facebook and our webpage for events and employment opportunities.

WEBPAGE

<https://www.ensaybushnursing.com.au>



OMEO SOLDIERS MEMORIAL HALL

At a public meeting, held on March 27th 2024, it was agreed that the Omeo Soldiers Memorial Hall Committee of Management and the Omeo Community Hub Committee would amalgamate under a new committee titled Omeo Hall & Hub Incorporated.

This new committee will become an incorporated standalone group who will manage the Hall and the Hub operations.

The Hall will maintain its name of Omeo Soldiers Memorial Hall and the Omeo Community Hub will maintain its title.

We are pleased to announce that the Hub will open 4 days per week.

Mon 12noon – 4pm Tuesday 9am - 4pm Wednesday 10am – 3pm Thursday 9am – 4pm
Friday – we're having a rest Friday & Saturday – as needed

The flyer features the Omeo Community Hub logo in the top left corner. The main text asks, "Are you currently or planning to study online?". Below this, a list of services is provided: "Access to: High-speed internet, Printing, Learning skills, Advisors". At the bottom, there are logos for "OME O" and "the hub".

Are you currently or planning to study online?

- Register with Bairnsdale Study Hub <https://gestudyhub.org/register>
- Register with Omeo Community Hub
- Contact Ronda Manhire for further information on 0427191223

Access to:

- High-speed internet
- Printing
- Learning skills
- Advisors

OME O the hub

GREAT NEWS : Ten new Regional University Study Hubs for regional Australia & Omeo Community Hub is one of the sites as a spoke of the Bairnsdale Study Hub. So please get in contact if you want to utilise the Hub for online study. omeocommunityhub@gmail.com



Our Communities' Stories

A community comes to life when the stories of those who live in, and have experienced what arises in the community, are shared.

The result is a community history told with a personal perspective.

What made our community work?

What should our children and grandchildren know about the history of the community in which they live?

Tambo Crossing Community Building

11 May 10am-2pm and 18 May 10am-4pm

Essay Bush Nurses

25 May 10am-2pm and 1 June 10am-4pm

Swifts Creek Community Centre

8 June 10am-2pm and 15 June 10am-4pm

Omeo Community Hub

22 June 10am-2pm and 29 June 10am-4pm

Benambra Recreation Reserve

13 July 10am-2pm and 20 July 10am-4pm

**Join facilitator
Yvonne Werner for a free,
two-part workshop in
your area.**

Registration is essential as numbers are limited to ten per workshop.

Email helenkaking@gmail.com
for more information and a form.

Enrol Now!!!

Intermediate Computer Course

➔ For anyone who has used computers before but would like to learn more

➔ Three week course:
24 April, 1 May, 8 May
10:30am-2pm each session

➔ \$70 full fee / \$45 Concession

★ Trainer: Lachlan Knowles

At the Community Centre Swifts Creek

6879 Great Alpine Rd Swifts Creek

E: ccswiftscreek@gmail.com M: 0491 697 298



**Community Centre
Swifts Creek Inc.**

ABN 76 381 866 949



ALL WELCOME! ALL WELCOME! ALL WELCOME!

Want to meet new people, join a club,
learn about local resources?

You're invited to
the Welcome Party!

Sunday 14 April 2024

12-2:30pm

FREE BBQ LUNCH



Now with
more vego
options!

at the Community Centre Swifts Creek

6879 Great Alpine Rd, T: 0491 697 298

E: ccswiftscreek@gmail.com

With Graeme Deveson
(Omeo Historical Society)
presenting "A Quick Look
Since 1834"!

And Special Guests from
the Gippsland Region
Public Health Unit!



Supported by:



EAST GIPPSLAND
**Community
Foundation**

Omeo Region
Community Recovery Association
recover & prepare



**Community Centre
Swifts Creek Inc.**

ABN 76 383 866 949